ANDALI EVENTS

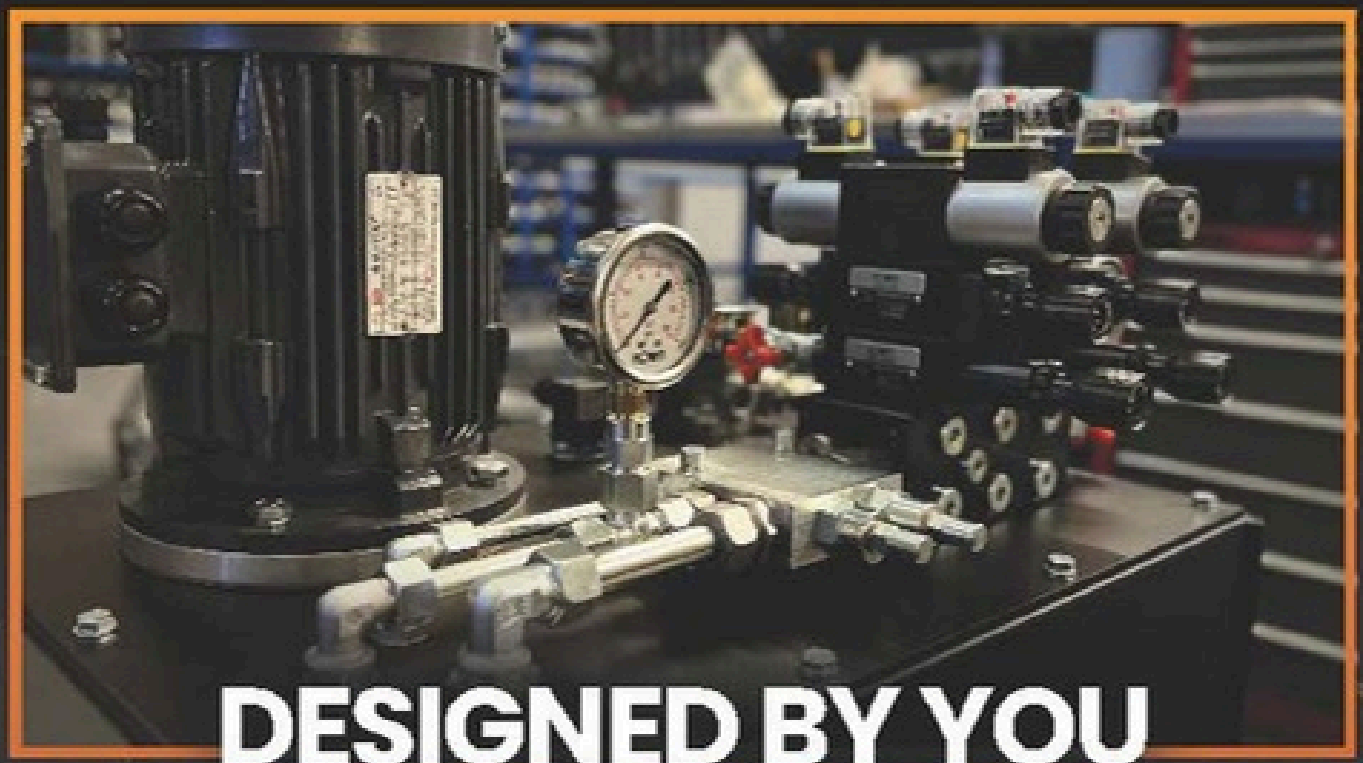


Athlete Guide 2026

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Welcome | Croeso

Welcome to the Beacons Ultra, Beacons Trail Marathon and Beacons Half Marathon! We're delighted to be bringing you these races for the 18th consecutive year.

We're looking forward to welcoming a full field of athletes to Talybont-on-Usk for another fantastic weekend of trail running.

The routes showcase some of the very best landscapes that Bannau Brycheiniog has to offer, from beautiful woodlands and rolling hills to rugged mountain trails and exposed moorland. Expect spectacular views, challenging climbs and plenty of variety along the way.

This Athlete Guide contains everything you need to prepare for race day, including course maps, GPX files, checkpoint information, race rules and essential safety guidance. Please take the time to read it carefully before the event so that you arrive at the start line fully prepared and ready for the challenge ahead.

And don't forget to keep an eye on our social media channels over the next couple of weeks for last minute updates, weather alerts and any final bits of information Follow @andalievents on Facebook and Instagram for details.

We wish you all a fantastic race and look forward to seeing you on the start line.

Andy and Harriet
Andali Events

ANDALI EVENTS



Beacons Ultra is promoted by Andali Events. All information correct at time of going to press.
The organisers reserve the right to change any aspect of the event if necessary, due to unforeseen circumstances.

Key Information

At a Glance: Key Information

Race HQ & Race Start	Henderson Hall, Talybont-on-Usk, LD3 7YQ		
Race Director	Harriet Dearden - 07909 951 656		
Parking	Cattle Market, Station Road, Talybont-on-Usk, LD3 7JE There is a £5 charge per car for parking, payable by cash or card		
Registration	Ultra: 0600 - 0700	Marathon: 0700 - 0800	Half: 0800 - 0900
Start Time	Ultra: 0730	Marathon: 0830*	Half: 0930*

Please note earlier start times for marathon and half marathon for 2026



Race Day Information

Cardiff-based outdoor retailer **Up and Under** will be joining us at the Beacons Ultra event with a pop-up shop in Henderson Hall throughout race day. Whether you've forgotten an essential bit of kit, need some last-minute nutrition, or fancy treating yourself to some new gear after conquering the course, they've got you covered. Up and Under specialise in high-quality outdoor, running, and adventure equipment, so swing by, say hello, and check out their range of carefully selected products. Perfect for those final race-day preparations or a well-earned post-race reward!



Race Day Information

Emergency Contact Number
Please save the Race Director's number in your phone: **07909 951656**

Route and Countryside Code
The route of the race goes over farmland in many places. Participants need to be aware that there will be livestock in fields that the route follows. It is important that the **COUNTRYSIDE CODE IS FOLLOWED AT ALL TIMES** and any litter is taken with you. The full countryside code can be viewed on the Government website for the Countryside Code. Please take the time to read it in full and familiarise yourself with it.

The route also goes past many houses and through farm yards. Please refrain from knocking on resident's doors to ask for anything, especially at unsociable times of the day, unless it is a real emergency.

Canal
Please take extra care on the canal sections, priority must be given to other canal path users and care must be taken around moored boats/locks etc. You must inform a member of the Andali Events team if you come in contact with canal water and should this happen you need to be aware of Leptospirosis (Weil's disease) which is caught from infected water.

Athlete Timing and Live Tracking
We will be using Timing Monkey as our timing provider this year, the full results/timings etc. will be published shortly after the event. Tracking will be provided by Open Tracking. Links will be shared in advance so you can share with your supporters.

Registration
There will be NO registration on the Friday night, registration will be at Race HQ on Saturday from 0600 to 0700 for the Ultra, 0700 to 0800 for the Marathon, and 0800-0900 for the Half Marathon. Please note, these events are at full capacity, so please allow sufficient time to register. Please also aim to arrive during your designated registration timeslot.

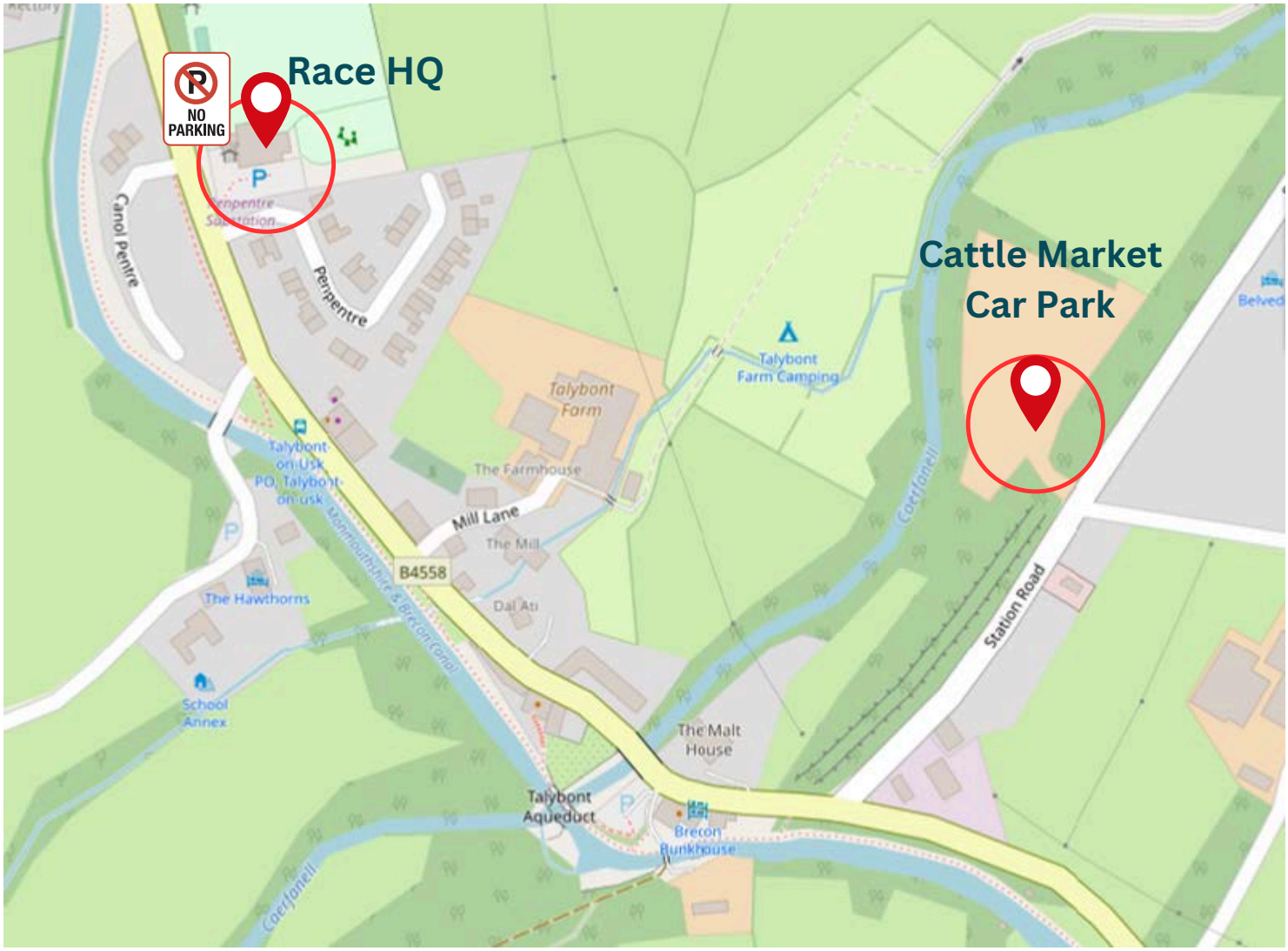
Race Day Information

Parking

There is strictly **NO** parking at the Race HQ or surrounding streets. Athletes must park in the the official event car park and follow the signs to Race HQ:

Cattle Market, Station Road, Talybont-on-Usk, LD3 7JE
(8 minutes walk to race HQ)

There is a £5 fee payable on the gate, which enables us to support local charities. Cash or card payments available. Please have the correct fee available



Race Day Information

Parking

Cattle Market, Station Road, Talybont-on-Usk, LD3 7JE

8 minutes walk to race HQ - parking on hardstanding



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Race Day Information

MANDATORY KIT LIST	Beacons Ultra	Beacons Marathon	Beacons Half
Rucksack/race vest Suitable for carrying the items on the compulsory kit list	•	•	•
Fully charged mobile phone	•	•	•
Means of hydration Ability to carry an absolute minimum of 1 litre of fluid	•	•	•
Cup/mug/bottle No cups will be provided at checkpoints	•	•	•
Waterproof Jacket	•	•	•
Waterproof Over Trousers	•	•	
Warm hat	•	•	•
Gloves	•	•	•
Small First Aid Kit To manage blisters and chafing / personal medication	•	•	•
Map (covering full route) Ideally OS map but printed sections off the website will suffice.	•	•	•
Emergency Food Enough food for between checkpoints (no shops on route!)	•	•	
Fleece (or similar warm upper body layer)	•	•	
Survival Bag Or group shelter – foil, plastic or breathable – NOT A BLANKET	•	•	
Head/chest torch and spare batteries Or a spare head torch if using a rechargeable one	•	•	
Compass NOT ELECTRONIC OR PHONE APP	•	•	
Whistle	•	•	

POST-RACE FOOD

IN TALYBONT-ON-USK

Head to the **Canalside Cafe** in the heart of the village for a well-earned post-race bite to eat and drink.



CANALSIDE CAFE MENU

Canalside Breakfast
Sausage, bacon, egg, mushrooms, beans, hash brown, served with toast — £8.35

BIG Canalside Breakfast
Two sausages, two bacon, two eggs, mushrooms, beans, two hash browns, served with toast — £10.35

Canalside Veggie Breakfast
Vegetarian sausage, egg, mushrooms, beans and hash browns, served with toast — £8.35

Canalside BIG Veggie Breakfast
Two vegetarian sausages, two eggs, mushrooms, beans and hash browns, served with toast — £10.35

Vegan Breakfast
Vegan sausages, beans, hash brown puffs, mushrooms, served with toast — £8.35

Gluten Free Breakfast
Vegetarian sausage, egg, mushrooms, beans and hash puffs, served with toast — £8.35

Child's Breakfast
Sausage, bacon, beans and hash brown — £5.95

Extras
Bacon, sausage, veggie sausage, mushrooms, egg, hash brown or hash puffs — £1.20

Breakfast Sandwich
On white or malted bloomer bread

Bacon sandwich	£4.95
Sausage sandwich	£4.95
Sausage, bacon and egg sandwich	£5.50
Bacon, egg and mushroom sandwich	£5.50
Sausage, bacon, egg and hash brown sandwich	£5.50
Veggie sausage, egg and mushrooms sandwich	£5.50
Bacon and egg sandwich	£5.95
Baked beans on white or malted bloomer toast	£3.50
Local jumbo toasted tea cake	£3.80
Toast, white or malted bloomer with jam or marmalade	£3.50

ALL BELOW IS - SERVED FROM 11.00am

Sandwiches
Served with salad garnish and homemade coleslaw, on white or malted bloomer bread — £6.45

Ham | Ham and cheese | Ham and mustard | Cheese, Cheese and pickle | Cheese and tomato

Any extras 50p each

Soup of the Day
Served with white or malted bloomer bread — £6.00

Please ask for today's soup

Toasted Sandwiches
Served with a salad garnish and homemade coleslaw, on white or malted bloomer bread

Cheese and ham	£7.85
Tuna and cheese	£7.85
Bacon, brie and cranberry	£9.50
Brie and cranberry	£7.85
Cheese and caramelised onion	£7.85

Jacket Potatoes
Served with a salad garnish and homemade coleslaw

Cheese and beans	£8.15
Cheese and tuna	£8.15
Cheese and bacon	£8.15
Cheese and ham	£8.15

Panini
Served with a salad garnish and homemade coleslaw

Bacon, brie and cranberry	£9.50
Brie and cranberry	£9.25
Cheese and caramelised onion	£9.25
Tuna and cheese	£9.25
Ham and cheese	£9.25
Chicken Tikka	£

Main Meals

Jumbo fish finger, chips and beans	£8.75
Fish finger sandwich, homemade coleslaw and chips	£8.75
Sausages, egg and chips	£9.20
Bacon, egg and chips	£9.20
Veggie sausages, egg and chips	£9.35
Ham, eggs and chips	£10.70
Scampi, salad garnish and chips	£10.30
Chicken goujons, salad garnish and chips	

Children's Menu — £7.00
- Chicken goujons, beans and chips
- ½ a Ham and cheese toastie and chips
- Jumbo fish finger, beans and chips
- Two sausages, beans and chips

Cafe

Please also ask what specials we have on today

Please also ask what specials we have on today | As much of our food and drink are sourced locally where possible | Food Allergies and Intolerances — Before ordering, please speak to our staff about your requirements

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Race Day Information

Route/GPX File
Route details and GPX file can be found here:

https://www.andalievents.com/events/beacons/beacons-course-routes

Please load and test the GPX file in your device prior to turning up at the event.

GPX files downloaded from other sources may be incorrect and may not download to your device correctly/completely so please ensure you have the correct GPX file loaded.

Retiring/Withdrawing from the Race
If you need or wish to withdraw from the race it is imperative that you notify the Andali Events team as soon as possible, make your way to the next checkpoint on the route and you will be transported back to Race HQ from there.



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Race Day Information

Support and Food

Supporters and crew MUST NOT travel to check point 1/2/4/5. Check point 1/4 is on Natural Resources Wales land and is not accessible by the public, CP 2/5 is along a single track road.

There will be plenty of food, water and snacks for you at each checkpoints. If you wish to have someone meet you to supply food and/or water on any other part of the route you're welcome to.

We suggest that friends and family that would like to see athletes along the route do so at - Llangynidr, Torpantau/Taf fechan Forest, Llanfrynach, Pencelli all of which have good road access and parking.



Race Day Information

Checkpoints

Checkpoint	Location	Distance (miles)		
		Half	Marathon	Ultra
Start	**Henderson Hall** Race HQ Grid Ref: SO 11268 22883 What3Words: ///proper.summer.hawks	0	0	0
CP 1	**Fire Road** Grid Ref: SO 09174 17224 What 3 Words: ///testing.unloads.short **Nutrition/Hydration:** Water + snacks No access for crew/spectators	7.4	7.4	7.4
Virtual CP1a	**Pen y Fan** Grid Ref: SO 01211 21579 **What 3 Words:** ///pinches.ticked.tenure **Nutrition/Hydration:** N/A *This is just a virtual checkpoint. You will be manually recorded that you reached this checkpoint.*	N/A	15.9	15.9
CP 2	**Cwmcynwyn** Grid Ref: SO 03797 23724 What 3 Words: ///blotchy.insiders.emperor **Nutrition/Hydration** Water + Snacks No access for crew/spectators	N/A	19.7	19.7

Race Day Information

Checkpoints Continued

Checkpoint	Location	Distance (miles)		
		Half	Marathon	Ultra
CP3	**Henderson Hall** Race HQ Grid Ref: SO 11268 22883 What3Words: ///proper.summer.hawks	N/A	N/A	26.2
Finish	**Henderson Hall** Race HQ Grid Ref: SO 11268 22883 What3Words: ///proper.summer.hawks	13.1	26.2	N/A
CP4	**Fire Road** Grid Ref: SO 09174 17224 What 3 Words: ///testing.unloads.short **Nutrition/Hydration:** Water + snacks No access for crew/spectators	N/A	N/A	33.6
CP5	**Cwmcynwyn** Grid Ref: SO 03797 23724 What 3 Words: ///blotchy.insiders.emperor **Nutrition/Hydration** Water + Snacks No access for crew/spectators	N/A	N/A	43.3
Finish	**Henderson Hall** Race HQ Grid Ref: SO 11268 22883 What3Words: ///proper.summer.hawks	N/A	N/A	50.0

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Race Day Information

Cut offs

For Ultra Marathon runners, you must have started the second lap by **1530.**
All Ultra athletes must be finished by 2330. For the marathon, you must be finished by 1830 (10 hours). For the half marathon, there are no cut offs but realistically you should be able to finish by 1430 (five hours).

Race Brief

A race brief take place shortly before we start each race. Please ensure that you listen to it.

Rubbish

Do NOT litter the route, black sacks will be available at the checkpoint and the finish, littering will result in disqualification.

Loos

We've ordered additional toilets for Race HQ this year to make things more comfortable for everyone. We'd really appreciate your help in looking after our surroundings by using the facilities provided rather than the nearby fields or hedgerows around Race HQ. We received some complaints last year, so please help us maintain good relationships with our local landowners and neighbours. On course, there are also toilets at CP2/5 and CP3. Period products will be available at all checkpoints for anyone who needs them**.**

Protected Landscapes

Parts of the Beacons Ultra and Marathon route pass through the Brecon Beacons Site of Special Scientific Interest (SSSI), an area protected because of its important habitats, wildlife and natural features.

We are incredibly fortunate to be able to run through this landscape, and we ask all participants to help us look after it. Please remain on the designated Public Rights of Way and marked event route at all times, and do not take shortcuts or stray from the paths, as this can damage sensitive habitats. By taking part responsibly, we can help protect this special landscape and ensure events like the Beacons Ultra can continue to enjoy access to it in the future.

Race Day Information

Pacers and Buddy Runners
Pacers and buddy runners etc. are not allowed.

Camping
There is no camping at Race HQ, there are several campsites locally in Talybont-on-Usk. However, for £10 campervans can book a spot in the car park by emailing andy@andalievents.com. Spaces are extremely limited so booking is essential. On Saturday morning, all overnight parkers must relocate to the official event car parks. See page 7 for details. There is **no sleeping** in the hall at Race HQ before or after the event.

Drop/Finish Bags
There are NO drop bags, there will be an allocated area in the hall/tent outside Race HQ where a bag can be left during the event, at the risk of the owner.

Showers
There are 2 community showers (£1 fee) attached at Henderson Hall – Race HQ, you will be advised if these will be available on race day.

Weather
An up-to-date printed weather forecast will be available at registration. In the unlikely event that the weather is extremely adverse and deemed to be dangerous, the event will be cancelled or re-routed as appropriate. Possible scenarios for this include high winds.

If, in the view of the Race Director, the weather is deteriorating to the point whereby it poses a safety risk to competitors whilst they are on the course, they will be held at the next checkpoint and transported back to the event HQ. The Race Director's decision is final on this matter and will be based entirely with your safety in mind.

Dogs
We love dogs at Andali Events however the conditions of our race permits from various landowners prohibit dogs on land, so unfortunately no dogs are allowed. Please also note that dogs are not permitted in Henderson Hall, so if your spectators are bringing dogs, please be aware that they will not be allowed in the hall or on the playing fields.

Race Day Information

Maps, Navigation and Waymarkers

The Beacons Ultra, Beacons Trail Marathon and Beacons Half Marathon are fully marked courses. However, part of the compulsory kit list is a paper copy of the route (printed off the website is fine). This is just for reference or in the case that signage is removed by the public, which has happened in previous years.

If you decided to use a GPS device, it is essential that the GPX file is loaded on to your GPS device (and you have tested that it works) before you turn up to registration.

Waymarking is a controversial subject in the National Park and we have to find the balance between helping people navigate their event safely but at the same time protecting what makes the event so special - the environment and the people and animals that call it home.

For this event we will be using a combination of small orange marker flags and large and small yellow arrows and instruction signs.

Please also be aware that there is another event taking place on Saturday 7th November, with the two routes intersecting around Pen y Fan. Please ensure you follow our way marking , and the directions of the Andali Events marshals.







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Race Day Information

Medical Support
Andali Events provides medical cover for the event, if you require medical attention, please follow the instructions below.

Minor Casualty
A minor casualty constitutes a non life-threatening injury such as a cut, abrasion or twisted ankle. The casualty will be able to walk and medical attention will be needed but not urgently.

If you become / find a minor casualty: continue or assist the casualty to the closest marshalled point (bear in mind this maybe backwards on the route) and ask to see the event medic or call the Race Director on 07909 951656.

Major Casualty
A major casualty will require urgent medical attention and will not be able to walk. Injuries such as broken legs, severe bleeding, heart attack etc fall into this category.
If you become / find a major casualty follow this procedure:

- Apply any known first aid
- Ring the Race Director on 07909 951656, who will then liaise with the medical team
- If in a bad mobile reception area, report the incident to the nearest marshal who will contact the Race Director.

Medals and trophies
Once you cross the finish line, you will be presented with your medal. There will be trophies awarded to 1st, 2nd and 3rd placed athletes in the open category and female category at all three race distances. These will also be presented to the respective athletes as they cross the finish line.

Special Thanks
Special thanks to the National Trust, Natural Resources Wales, The Canal and Rivers Trust, Pencelli Estate, Natural Resources Wales, National Parks, and the Commoners Associations for allowing this event to go ahead using the land.

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House Clearances
At Wicked we aim to minimise waste and operate a zero-landfill policy. Where possible we donate items to various charities that we have teamed up with, mainly the Ludlow Ukrainian Support Group and the Rural Charity Furniture Shop. We have a dedicated storage unit for these goods as sometimes demand from the charities is sporadic and this ensures that they will have constant access to these items. Where it is not possible to donate these goods, all other waste is taken to the Quick Skip depot in Hereford where they operate a zero-landfill policy also.

House Cleaning Services
We offer simple dusting and vacuuming to full deep cleaning including carpet washing, oven cleaning fridge and freezer cleaning. This is ideal to fully prepare a house for resale.

Handyman Services
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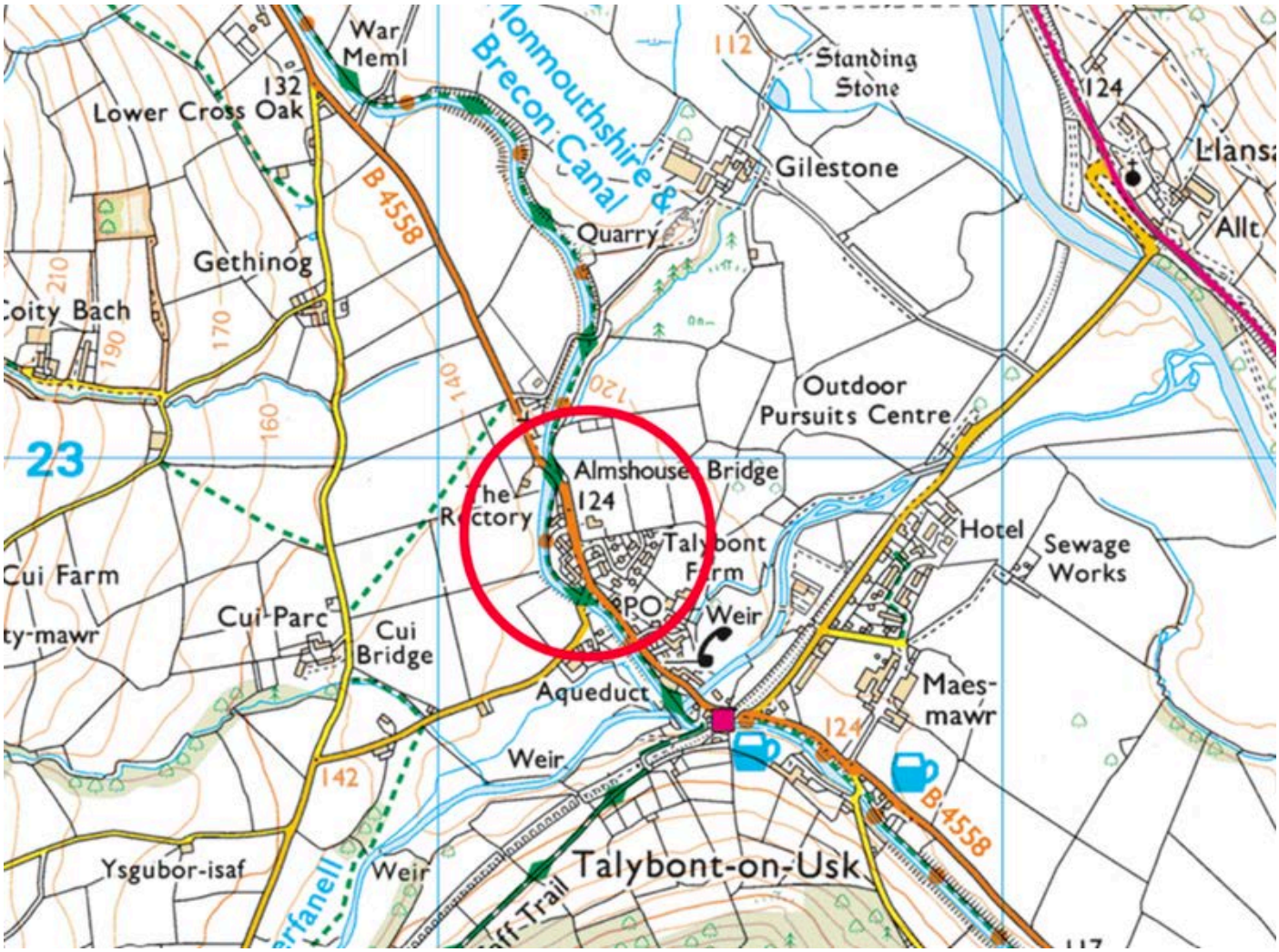
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Race Day Information

Race HQ/Registration/Start Location/Finish Location:
Henderson Hall, Talybont-on-Usk, LD3 7YQ

Grid Ref: SO 11268 22883
What 3 Words Address - ///proper.summer.hawks

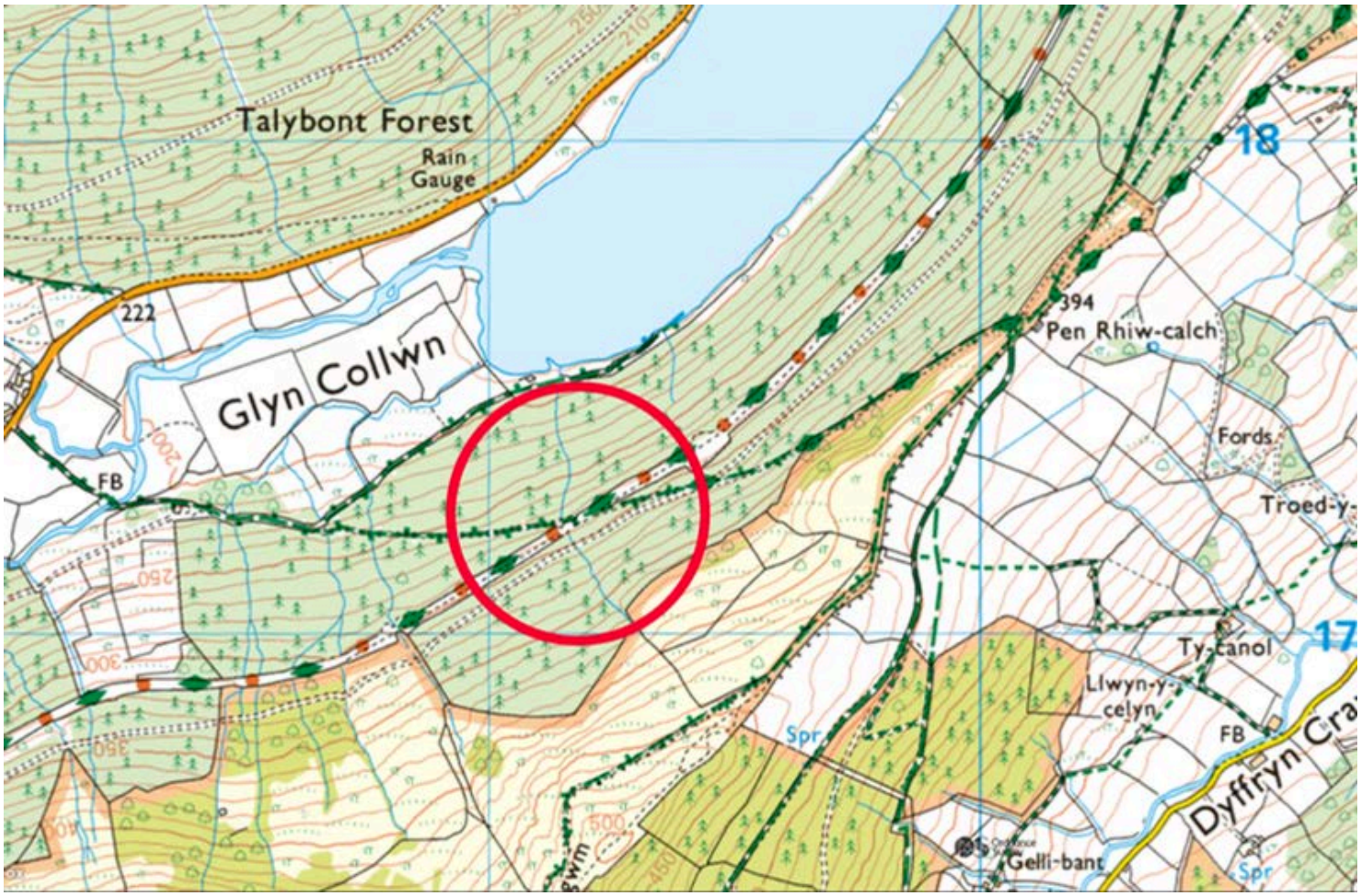
Nutrition/Hydration - Water + Snacks





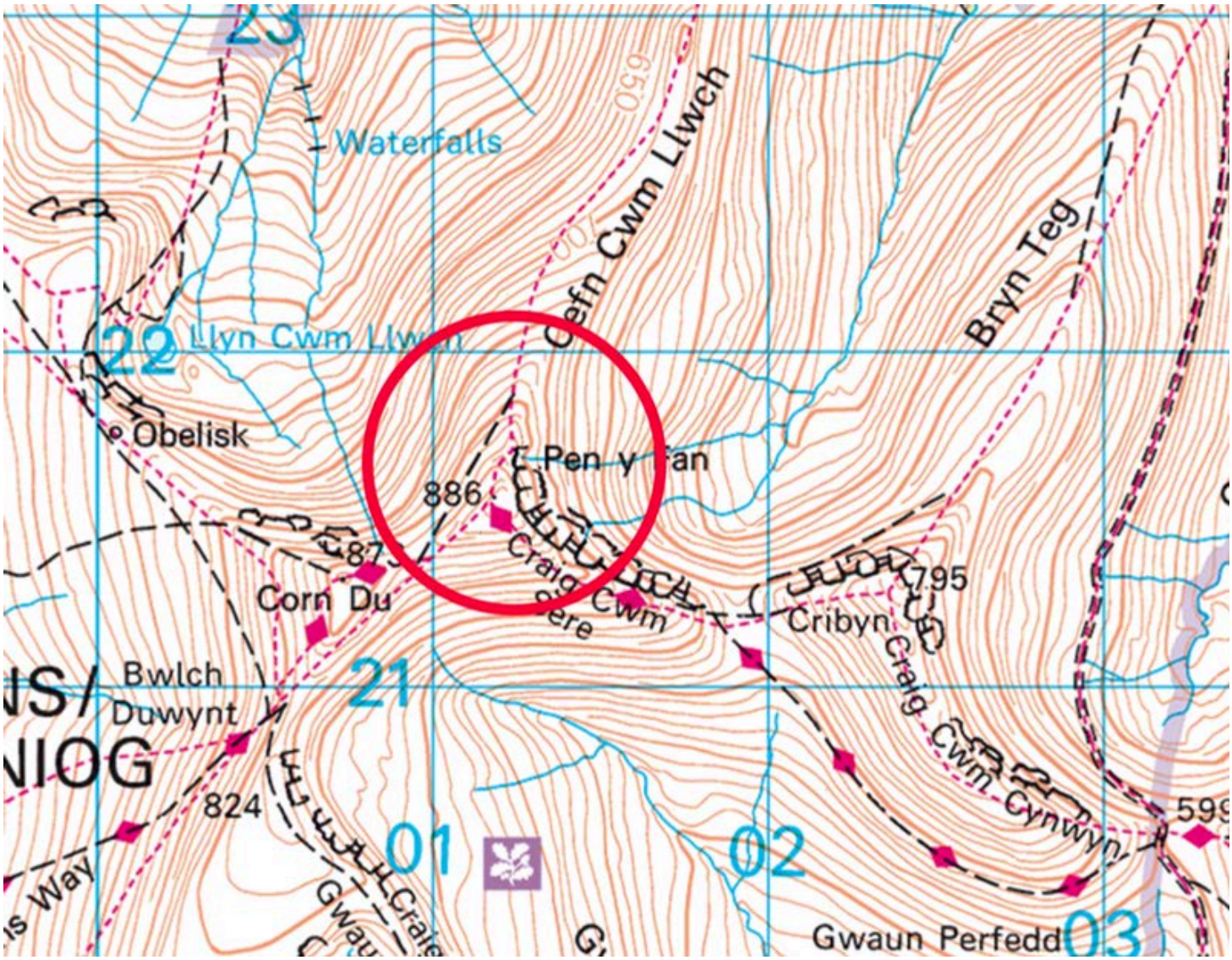
Race Day Information

Checkpoint 1 & 4 – FIRE ROAD (NEW LOCATION)
NO ACCESS FOR CREW/SUPPORTERS
Grid Ref: SO 09174 17224
What 3 Words Address - ///testing.unloads.short
Nutrition/Hydration - Water + snacks.



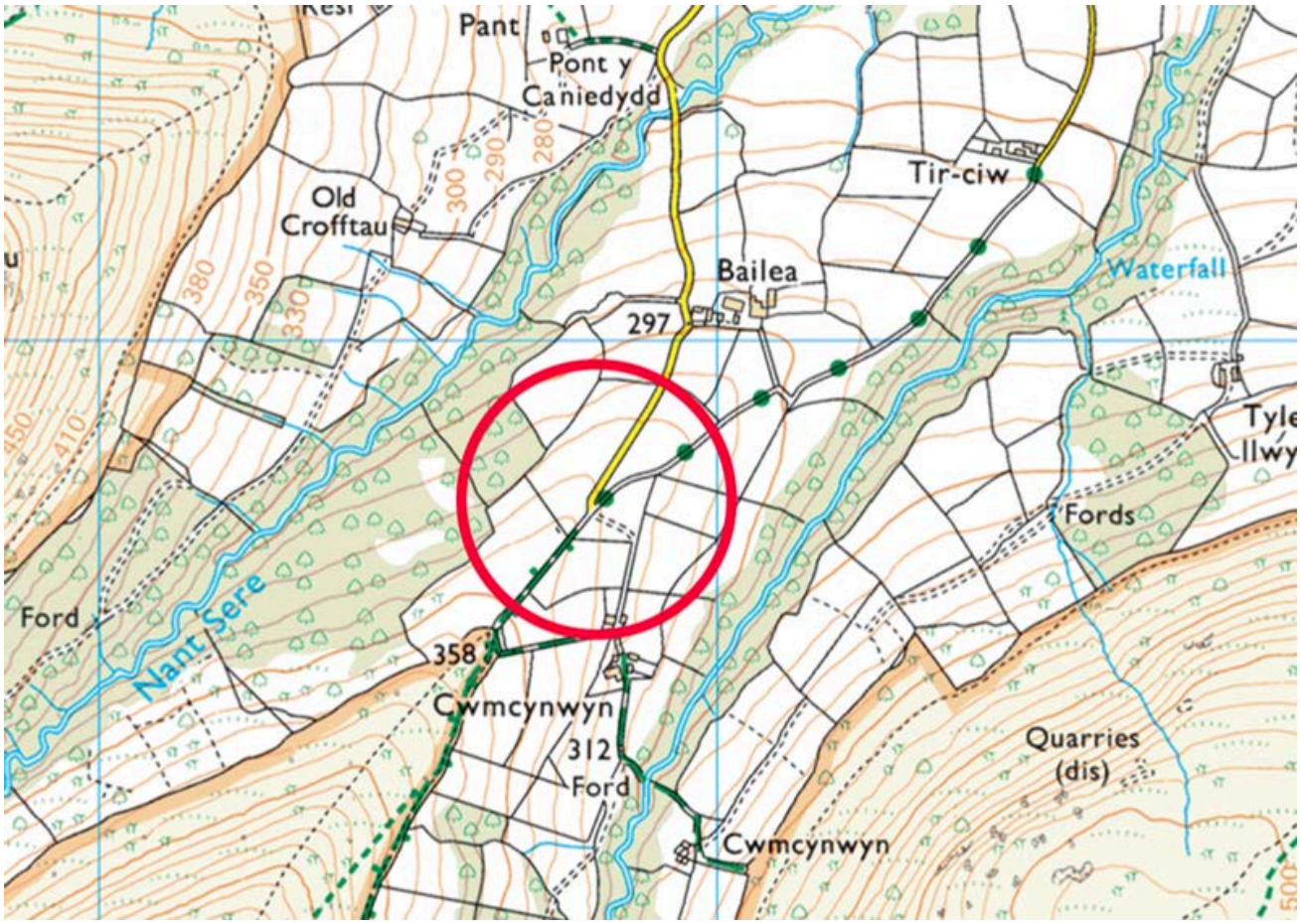
Race Day Information

Virtual Checkpoint 1A – Pen y Fan
Ultra and Marathon route only
Grid Ref: SO 01211 21579
What 3 Words Address - ///pinches.ticked.tenure
Nutrition/Hydration – N/A



Race Day Information

Checkpoint 2 & 5 – Cwmcynwyn
NO ACCESS FOR CREW/SUPPORTERS
Grid Ref: SO 03797 23724
What 3 Words Address - ///blotchy.insiders.emperor
Nutrition/Hydration - Water + snacks.







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